

SPECIAL EVENTS

April

Summer Day Camp 2012

Registration begins April 2nd on a first come, first served basis. You will be given the opportunity to reserve your child's spot by pre-paying a \$20 non-refundable deposit for each week that your child attends. Cost is \$75 per week with the exception of the first week which is \$60. Ages 6-12, limited to 100 participants per week. Must provide birth certificate to verify participant's age. Note: There are additional fees for field trips, which must be paid in cash.

Teen Exploration 2012

Registration begins April 2nd on a first come, first served basis. You will be given the opportunity to reserve your teen's spot by pre-paying a \$30 non-refundable deposit for each week that your teen attends. Cost is \$60 per week. Ages 12-15, limited to 10 participants per week. Must provide birth certificate to verify participant's age. Note: There are additional fees for field trips, which must be paid in cash. *Parent Meeting: May 15th at Powell Park Recreation Center & Park.* For more information please contact Debbie Spencer at 770-459-8246 or email at dspencer@villarica.org.

22nd Annual Springfest FREE!

Saturday, April 28th from 10:00am – 5:00pm & Sunday, April 29th, 10:00am – 5:00pm at Gold Dust Park. Come and enjoy this two-day festival full of arts & crafts, food, entertainment, games and face painting. Fun for the entire family.

May – August

Summer Day Camp – Monday – Friday, 7:00am – 6:00pm

Get your kids ready to blast off into summer! This program offers activities to include swimming, games, sports, field trips and arts & crafts. Day camp is a wonderful atmosphere where kids make friends and participate in lots of fun activities. Activities are centered on a different topic each week. Camp is offered in two separate sessions, with no camp the week of July 2 – July 6.

Session I: May 29 – June 29

Session II: July 9 – August 3

Teen Exploration – Monday – Thursday, 8:00am – 5:00pm

Get ready to have an adventurous summer time! This program offers activities to include swimming, volunteering, field trips, games, tours, team building and leadership skills. Teen exploration is a wonderful atmosphere where teens make friends and explore new possibilities. Activities are centered on a different topic each week. Camp is offered in two separate sessions with no camp the week of July 2– July 6.

Session I: May 29 – June 28

Session II: July 9 – August 2

July

7th Annual Fireworks Display

Tuesday, July 3rd, 6:00pm until fireworks end!

Come be a part of the WOW factor at the Villa Rica Civic Center & Sports complex! Enjoy music, face painting, inflatable slides, hot air balloons tethered rides and other activities for FREE! Limited parking will be available at the park. Fee: \$5.00 per vehicle. Concession stands will be available at the park for refreshments. Bring your lawn chairs or blanket and enjoy the evening.

Leisure Programs

Karate

Tuesday & Thursday, 6:00pm – 7:00pm – Ages 6 & over
Beginner (white, orange and yellow belts) - \$50/month
Tuesday & Thursday, 7:00pm – 8:00pm Ages 6 & over
Intermediate (blue, purple and green belts) - \$60/month
Advanced (red, brown and black belts) & Adults - \$65/month
Instructor: Mascerlin "Bat" Hines Class min. 4, max. 20

U-Can Dance Club –Couples – V-PLEX

Beginner: Tuesdays, 7:00pm – 8:00pm – Ages 12 & over, \$15/month
Intermediate: Tuesdays, 8:00pm – 9:00pm – Ages 12 & over, \$15/month
You can learn: West Coast Swing, East Coast Swing, Cha-Cha, Two step, Waltz, Salsa, Fox trot, Rumba and more.

There is a monthly dance and workshop on the second **Saturday** of each month, please contact instructor for more information.

Instructor: Debra Cleckler at 770-456-6244 or email debb@cleckler.com
Please visit us online at u-candance.com

Line Dance – V-PLEX

Special new beginner class for 2012 - Mondays, 6:30 pm to 7:15 pm – Ages 18 & over - \$20/month

These classes are customized specifically for newcomers to line dance or those that need to move slower than the regular class. Learn basic line dance steps and easy beginner dances.

Intermediate class - Mondays, 7:15 pm - 9:00 pm – Ages 18 & over - \$20/month
This class will focus on more advanced line dances.

Join us on Mondays at the V-Plex to learn classic line dances (Tush Push, Six Corners, Watermelon Crawl, Boot Scootin' Boogie, Slappin' Leather, Double Time Chesterfield, Walk the Line, Walkin' Wazze, County Line, Bar Room Boogie and others) as well as popular new ones. Class time and open dance time (for practice and exercise). Step sheets provided.

Instructor: Debra Cleckler at 770-456-6244 or email debb@cleckler.com
Please visit us online at u-candance.com

Floor / Core Class

Tuesday and Thursday Nights from 7:00pm - 8:00pm
Ages 18 & over - \$30/month or \$10 drop in fee.
Sticky mat and resistance bands required.

Exercises include light cardio, hand weights, floor exercises, stretching, strengthening and toning of all major and minor muscle groups of the core torso. Great addition to your current regular cardio workout or a fabulous beginning for those needing a jumpstart on making a new "you"! **Special considerations with your individual health issues are taken into consideration and adaptations are shown where possible for those with joint issues.**

Gretchen House has 8 years experience in the fitness field and is currently certified thru AFAA.

Instructor: Gretchen House at email redrunnergirl@bellsouth.net, class min. 4, max. 15

Tennis

Evening classes – Gold Dust Tennis Courts

Tennis begins on Monday, April 9, 2012

Beginner: 5:30pm to 6:15pm, ages 5-12, \$35 per month

Beginner: 6:15pm to 7:00pm, ages 13 and up, \$35 per month

Intermediate to Advance: 7:00-7:45*, \$35 per month

*Please call or email before signing up for the Intermediate to Advance classes.

Contact Cliff Daniell at 678-715-8690 or cmdaniels@netzero.net for more information

Yoga

Morning classes – Gold Dust Fitness Room

Mondays and Wednesdays at 9:30am – 10:30am

Ages: 18 & Up \$40 per month or \$10 drop in fee

Evening classes – Gold Dust Fitness Room

Tuesdays & Thursdays at 6:00pm – 7:00pm

Ages: 18 & Up \$40 per month or \$10 drop in fee

Please bring your own Yoga mat!

Instructor: Sue Hopkins 770-562-4853 (H)

Boot Camp

Resistant Training & Cardio Workout

Evening classes – Gold Dust Fitness Room

Wednesday at 7:00pm – 8:00pm

Ages: 18 & Up, \$25 per month or \$10 drop in fee

Morning classes – Gold Dust Fitness Room

Saturdays at 7:30am – 8:30am

Ages: 18 & Up \$25 per month or \$10 drop in fee

Morning & Evening classes \$40 per month or \$10 drop in fee

Please bring your own mat and resistance band and get ready to train and workout!

Instructor: Craig Fulks at 770-630-5581 (C) or cfulks@yahoo.com, class min. 4, max. 15